



WHITE HOUSE  
CONFERENCE ON  
**HUNGER,  
NUTRITION,  
& HEALTH**

## Policy Objective: Reduce Diet-Related Disease by Labeling Gluten

Labeling Gluten (Wheat, Barley, Rye and most Oats) as a Major Food Allergen on all packaged foods in the U.S. like it is in 85 countries around the world will better protect 3.3 Million Celiacs. Labeling Gluten is in alignment with the conclusions of international food safety authorities and expert committees comprised of scientists, regulators, physicians, clinicians, individuals and risk managers from academia, government and the food industry including:

- 2021 Food and Agriculture Organization of the United Nations/World Health Organization Expert Consultation on Risk Assessment of Food Allergens, chaired by the FDA's Dr. Lauren Jackson.
- 1,576 Comments submitted to the FDA on Labeling Gluten in Summer 2022 including from Dr. Virginia Stallings, a board-certified nutrition pediatrician, Professor of Pediatrics and Director of the Nutrition Center at the Children's Hospital of Philadelphia, Beyond Celiac, National Celiac Association, Gluten Free Watchdog, University of Chicago Center for Celiac Disease, etc. (Docket: FDA-2021-N-0553)



*Eating without fear is our hope. Food insecurity happens every day for Celiacs because of the constant threat of cross contact with Gluten, 80% of foods have Gluten in them, the high price of Gluten Free food, and Gluten is not required to be labeled on all packaged foods in the U.S.*

**Jax Bari, Age 9**



**Jax Bari**



*I admire your courage and the incredible work you've done to help the millions of Americans like you who live with Celiac disease.*

**President Joe Biden to  
Jax Bari**

### CELIAC DISEASE OVERVIEW

- Celiac Disease is a potentially life-threatening food allergy and auto-immune disease that impacts at least 3.3 million Americans, greater than 1.0% of the general population.
- Researchers are finding that Celiac Disease prevalence is doubling approximately every 15 years, making it a public health epidemic. Gluten ingestion for people with Celiac can cause anemia, cancer, heart disease, immunological scarring, intestinal damage, malnutrition, etc.
- The only available treatment is strict adherence to a lifelong, Gluten Free diet. There is no rescue medication in the event of accidental ingestion and one cannot outgrow Celiac.